

October 5<sup>TH</sup>  
11am -1.30pm

Bidford Upon Avon  
Dementia Café A  
supportive group for  
individuals affected  
by memory  
difficulties.

Crawford Memorial Hall  
B50 4EZ

October 6<sup>TH</sup>  
11am -4pm

NHS Health & Wellbeing  
Event  
Cancer screening,Health  
& Wellbeing ,Womens  
Health

The Anchor Inn  
Hartshill,Mancetter Road,  
Nuneaton  
CV10 0RT

October 7<sup>th</sup>  
11am -3pm

World Mental Health  
Day  
Community  
Marketplace

Rowan House  
9-10 Westwood  
Way,Coventry,  
CV4 8HS

October 15<sup>th</sup>  
1pm -3pm

Dementia Conversation  
Event

Bedworth Health Centre  
High  
Street,Bedworth, CV12  
8NQ

**October 19th**

**MENS GROUP**  
**Community Shed**  
(Behind Claremont Centre)

**43 Clifton Road Rugby CV21  
3QE**

**October 19th**  
**1pm-2.30pm**

**Movement & Dance with  
Parkinsons**

**CHESS Centre**  
**CV10 9DN**

**October 21ST**  
**2.30-4.30PM**

**MENTAL HEALTH GROUP**

Stratford on Avon A supportive group do you look after someone who is suffering with their Mental Health join us in a supportive environment

**Lifeways Centre**  
**Albany road, CV37 6PG**

**October 28TH**  
**10.30-12.30PM**

**The Makery Carers Cafe**  
Time to chat to one of our Wellbeing advisors and find out about all the services that we offer to carers A creative and social café session for carers.

**The Makery, Abbey  
Gate, Nuneaton CV11  
4EL**



**OCTOBER 2026**

## ACTIVITIES CALENDAR



October 29TH  
7PM -8PM

Evening Coffee & chat  
join us for time to unwind

ONLINE

**For more information:**

**Email:** [hello@careringtogetherwarwickshire.org.uk](mailto:hello@careringtogetherwarwickshire.org.uk)

**Phone:** 0800 1975544