

CARERS'

EMERGENCY

PLANNING



EMERGENCY

Cared for Emergency Card

I have a carer who I depend on for support. In an emergency, please contact one of the people detailed overleaf.



EMERGENCY

Carer Emergency Card

I look after someone who depends on me for support.
In an emergency, please contact one of the people detailed overleaf.



Offering peace of mind to all carers in Warwickshire

0800 197 5544



What is a Carers Emergency Card?

The Carers Emergency Card is a coloured card (credit card sized) that's easily identifiable in your purse or wallet. It identifies you as a carer should you be caught up in an emergency.

Should you be unable to contact the person you care for, your emergency card holds your key contacts. There is space on the back of the card for up to three contacts. Having these contacts written directly on the back of the card means that anyone trying to arrange support for the person you care for can do so quickly and efficiently.

Who can have a card?

Anyone who considers themselves to be a carer is entitled to receive a Carers Emergency Card.

What information should I include?

We recommend that you only provide your contacts first name and telephone number, to protect their confidentiality.

We also recommend you to speak to those people who you plan to nominate on the card to check that they agree to this before adding their names.

If you don't have anyone to write on the back of the card, don't worry, you can leave it blank. If someone finds the card in your possession it will still identify you as a carer.

The card already includes Warwickshire County Council's telephone number where they can get advice on the best course of action to help support the person you care for while you are away.



Contingency Planning

As a carer, knowing that if an emergency happens, you already have a plan for how you will manage the situation, can help to provide peace of mind and remove one of the many sources of stress.

An emergency can be any unplanned event, such as: sudden illness, unplanned admission to hospital, family emergency, accident, car break down and any other emergencies that prevent you providing care for the person you look after.

If you would like some advice on how best to put your emergency plan in place, we can help.

This is a free service funded by Warwickshire County Council and delivered by Carers Trust Heart of England.



Tips about emergencies

- For all emergencies where there is a risk to life always dial 999 for an emergency response.
- Make sure that you have thought about an evacuation plan in the case of a fire - make a plan and share it with the person you care for.
- Talk to family, friends, neighbours or anyone else you trust about what would happen if you were unable to care for a period of time.
- It may also be useful to have your local service emergency numbers available such as water board, power cut emergencies also.

A black-outlined speech bubble pointing downwards. Inside the bubble, the word "TIPS" is written in a bold, teal, sans-serif font.

HOW DO I GET A CARERS' EMERGENCY CARD?

You can apply for your card by:



Post - simply tear off the information slip below and post to:
9-10 Rowan House, Westwood Way, Coventry, CV4 8HS



Online - www.caringtogetherwarwickshire.org.uk/contact-us



Phone - 0800 197 5544.

**CARERS
TRUST**

Heart of England

Registered Charity: 1057024

Company Limited by Guarantee number: 03206963



Young Carers

Caring
Together
Warwickshire



Warwickshire
County Council

Tear off & post back

Name:

Address:

Postcode:

Ethnicity:

Who is it you care for:

Telephone number:

Please tell us where you picked up this leaflet: